

# GLUTEN FREE GUIDE - GlutenFreeDisneyWorld Festival of the Holidays

December 2023

## American Holiday Table (near American pavilion)

Blackened Catfish with Hoppin' John and comeback sauce (GF/DF)

Slow-Roasted Turkey (omit stuffing, onions, gravy) (GF)

**Drinks:** None

## Bavaria Holiday Kitchen

Cheese Fondue in Bread Bowl w/Baby Veggies & Potatoes (omit bread) (GF)

**Drinks:** Hard Apple Cider

Regional Riesling

Gluhwein: House-Made Hot Spiced Wine (GF/Vegan)

## Holiday Hearth Desserts (between World Showcase entrance and Canada)

Chocolate-Covered Toffee Brittle (GF)

**Drinks:** Hot Cocoa by Joffrey's Coffee

Cocoa Candy Cane: Hot Cocoa with peppermint schnapps

## L'Chaim! Holiday Kitchen (near France)

Smoked Salmon Potato Latke (GF/DF)

Potato Latkes (GF/vegan)

Pastrami on Rye with Pickles and Mustard (GF/DF when bread is omitted)

**Drinks:** Frozen New York Whiskey Sour featuring Manifest Whiskey and Manischewitz Blackberry Wine (GF/DF)

## Holiday Sweets and Treats (World Showcase Plaza)

Peppermint Sundae: Chocolate Ice Cream, Whipped Cream, Peppermint Candy (GF)

**Drinks:** Hot Cocoa

Chocolate Peppermint Shake featuring Twinning's Peppermint Cheer Tea with or without whipped cream vodka

\*all drinks listed at this stand contain dairy

Use this as a guide to help you. It is always recommended to speak with a chef or cast member to verify information as ingredients, vendors, and options may change without notice.



Hot Cocoa - Various Stands



Chocolate Peppermint Shake - Holiday Sweets and Treats

**\*\*Denotes items that are or can be GF. They may or may not need modifications.**

**ALWAYS ask to verify as ingredients throughout the festival can change.**

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### Nochebuena Cocina (entrance to World Showcase)

Impossible Chorizo Tamale (GF/vegan)

Pernil: Mojo Pork (GF/DF)

**DRINK:** None

### Shi Wasu Holiday Kitchen (near Japan pavilion)

Sweet Potato Mochi Cake (GF per ingredient list at stand)

Sushi Tree (GF per ingredient list at stand if crunch is omitted)

**Drinks:** Japanese Christmas Punch (ingredients listed are GF)

Choya Sparkling Plum Wine

Ichigo Milk Boba: Cranberry & Yuzu cream drink

### Tangerine Café: Flavors of the Medina (Morocco)

Grilled Kebabs with carrot-chickpea salad (GF/DF)

-Lamb Kefta (GF/DF)

-Chermoula Chicken (GF/DF)

**Drinks:** Bold Rock Orchard Frost Hard Cider

Woodchuck Winter Chill Hard Cider

Fig Cocktail with sparkling wine, fig vodka, and cranberry juice (top 9 friendly)

### Tuscany Holiday Kitchen (near Italy pavilion)

Torta Caprese: Flourless Torta (GF)

**Drinks:** Prosecco

Moscato

Chianti

Italian Sangria Red or White

Italian Margarita with tequila and limoncello

### Refreshment Outpost (between China and Germany)

Peanut Stew with sweet potatoes, mustard greens, and roasted peanuts (GF/Vegan)

DoleWhip Raspberry (omit the cone GF/vegan)

**DRINKS:** Stem Ciders Cocoa Caramel Hard Apple Cider

Chi Ginger Mule featuring Boyd & Blair Potato Vodka

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Gingerbread Milkshake  
- Canada Refreshment  
Port



Tamal - Las Posadas  
(pictured Gf/DF)

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### Las Posadas Holiday Kitchen (near Mexico pavilion)

Giant Tostada de Chorizo (GF/DF - if sauce and queso are omitted)

Tamale de Barbacoa (GF/DF - if sauce is omitted)

**DRINK:** Ingredients listed for the Apple Margarita and Horchata Margarita are gluten free

### Refreshment Port (near Canada)

Turkey Poutine (GF when you omit the onions and gravy)

**DRINK:** Gingerbread Milkshake (GF omit the cookie)

Eggnog (GF)

Hard Pumpkin Cider (GF/DF)

Cranberry Wine

### Le Marche De Noel Holiday Kitchen (France)

**DRINK:**

Blood Orange Mimosa

Le Joyeux Cocktail de Noel (is it made with Grey Goose vodka)

### Wine & Wedge

\*Assorted Artisanal Cheeses and Accompaniments (GF omit bread)

Artist Palette of Wine and Cheese (paired with wine and brandy) (GF)

\*Southern Pimento Cheese with Bread and Butter Pickled Vegetables and Grilled Bread (GF omit the bread)

**DRINKS:** Selbach-Oster Zeltinger Sonnenuhr Riesling Spatlese

Hartley Apple Brandy

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Raspberry/Pineapple Dole Whip - Refreshment Outpost



Blackened Catfish - American Holiday Table

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### Yukon Holiday Kitchen (Canada)

Seared Salmon with Butternut Squash Puree (GF - DF when squash puree is omitted)

**DRINK:** Frozen Coffee (contains dairy) - with or without whiskey

Regional Icewine

Regional Red Wine

### Connections Eatery (World Celebration)

**DRINK:** Coquito Milk Shake

Pomegranate-Green Tea, Hibiscus, Lemon and Shimmer

Coquito Milk Shake with Bacardi Superior Rum

### Joffrey's Coffee & Tea Company (all locations)

**DRINK:** Horchata Cold Brew with or without alcohol (GF per ingredients listed)

### Swirled Showcase

\*Soft Serve (omit waffle cone) - all flavors are noted as GF

Cream Soda Float with Vanilla Soft-Serve (GF)

Fanta Grape Float with Vanilla Soft-Serve (GF)

**DRINKS:** Frozen Apple Pie (GF with no topping or pie filling; base contains dairy)

Cinnamon Apple Cider

Berry Fizz Fragolino Red Sparkling Wine Float with Vanilla Soft-Serve

### Bubbles & Brine

Jumbo Shrimp Cocktail with Prosecco cocktail sauce and grilled lemon (GF/DF)

Jonah Crab Claw Cocktail with stone-ground mustard sauce (GF/DF)

Seafood Platter (Shrimp, Crab, Oysters) (GF/DF)

**DRINKS:** Moet & Chandon Imperial

Vueve Clicquot Rose

Dom Perignon

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Impossible Chorizo Tamale  
- Nochebuena Cocina



Impossible Spicy Sausage  
- Char & Chop



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### Char & Chop

Roasted Porchetta with lemon-parsley salsa verde & Shaved fennel salad (GF;DF)

Grilled Impossible Spicy Sausage with herbed polenta, puttanesca sauce, and ricotta (GF)

\*Meat Assorti: Trio of shaved meats with baby arugula, pickled mustard seeds, truffle oil, and grilled ciabatta (GF/DF when omit the bread)

**DRINKS:** GoGi Birdie Pinot Noir

Bloody Mary mix is noted as GF—kurvball bbq whiskey unknown if GF

### Shanghai Holiday Kitchen (China)

**DRINKS:** Bubble Tea (contains dairy)

Butterfly Lantern (Butterfly gin, vodka, prickly pear, lychee, soda water, boba)

Kung Fu Master (vodka, triple sec, mango, oj, soda water)

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*Salmon Potato Latke - L'Chaim!*



*Pernil - Nochebuena Cocina*